



**POST-OPERATIVE INSTRUCTIONS TO PARENTS OF CHILDREN WHO HAVE
RECEIVED SEDATION FOR DENTAL TREATMENT**

ACTIVITIES

Your child should be closely monitored by a responsible adult for the remainder of the day to ensure that there is no difficulty breathing.

LOOK- for chest rising, skin tone retaining its natural color

LISTEN- for breathing sounds, any unusual snoring

FEEL- for breathing coming out through nose or mouth

Your child must rest at home and is NOT ALLOWED to ride a bike or play outside for the remainder of the day.

DRINKING AND EATING

To prevent dehydration, after your child has been discharged from the recovery room, give the child some fluids. Start with a small cup and proceed with more if your child can keep down the fluids. Soft foods (lukewarm) may be taken when desired.

SEEK ADVICE

1. If there is any difficulty breathing
2. If nausea & vomiting persists beyond 4 hours or child cannot keep the fluids down.
3. If your child still feels dizzy or drowsy 6-8 hours after treatment
4. If any other matter causes you concern

BEFORE 4:00 PM

Contact our office at 905-257-1234

AFTER 4:00 PM

Contact Dr. Vasudeva at 289-772-5973

Contact the nearest hospital emergency clinic or

Contact the Hospital for Sick Children at 416-813-7500